

Clip -n- Save Pool Hours

Katherine Fleischer (KF) Pool

2106 Klattenhoff • 512-251-9932

June 1 - August 20*

Open Swim	M-Th, Sa	10am-9pm
	F	4-9pm
	Su	1-9pm

**No Lap Lanes will be available at KF Pool, please use the Willow Bend Pool*

**KF Pool will close at 8:30pm on 7/21, and 8/11*

August 21 - September 4*

Open Swim	M-F	Closed
	S-S	1-6pm

**Holiday Hours: KF Pool will be open Labor Day, Monday, September 4, from 1-6pm*

September 5, 2017 - March 31, 2018

Pool Closed - Swim Team Use Only

Willow Bend Pool

2801 Sauls • 512-310-1833

June 2 - August 20*

Open/Lap	M-F	2-9pm
	S-S	2-9pm
Lap Swim	M-F	5:30-7:00am
	M-F	12-2pm

**WB Pool will be close at 5pm on Tuesday, June 13 (Rain Date: June 20)*

**WB Pool may open late on 7/1 due to Armada home swim meet*

August 21 - October 1

Open/Lap	M-F	3:30-9pm
	S-S	1-6pm
Lap Swim	MWF	5:30-7:30am
	MWF	12-2pm

Please note: These are general guidelines. Hours are subject to change. Visit: wellsbranchmud.com/parks-a-recreation/swimming-pools for current information and specific exceptions.

If you have any questions about pool operations, please feel free to contact the Aquatics Supervisor Katie Hutcheson at 512-251-9814 x111 or khutcheson@wellsbranchmud.com.

BREAKFAST BENEFIT for FREDDIE JONES



FREDDIE JONES IS A WELL LOVED MEMBER OF OUR LOCAL COMMUNITY. HE IS BATTLING STAGE FOUR RENAL CELL CARCINOMA. PLEASE JOIN US IN SUPPORTING THE JONES FAMILY BY ENJOYING BREAKFAST TACOS, COFFEE, BAKED GOODS, A BOUNCE HOUSE AND PHOTO BOOTH. WIN RAFFLE PRIZES AND PURCHASE DISCOUNTED GIFT CARDS. IT TAKES A VILLAGE TO BATTLE CANCER!

JULY 1ST from 9AM - 12PM

KATHERINE FLEISCHER PAVILLION
2106 KLATTENHOFF DRIVE AUSTIN, TEXAS 78728

100% of the proceeds go directly to the Jones Family



Fight Boredom with Summer Fun!

Not sure what to do with the kids this summer? It's not too late! Wells Branch MUD offers a wide variety of Summer Camps, Clinics, and Lessons each year. Visit their website at wellsbranchmud.com/parks-a-recreation/youth-programs to learn more about: **Stuff-2-Do Summer Day Camp, Volleyball Clinics, Basketball Clinics, Art Mini-Camps and Swim Lessons.** Register online, in person at 3000 Shoreline Drive, or call 512-251-9814.

WELLS BRANCH CULTURAL DIVERSITY FAIR



Celebrate Wells Branch Diversity
with Food, Games, Music & Dance
September 24 | 1-5pm | KF Park
wbna.us/community/wb-cultural-diversity-fair/

Heat Stroke: Know the Signs

by Allison Strupeck, PIO/Community Outreach Coordinator,
Pflugerville Fire Dept./Travis County ESD No. 2

During hot and humid weather, your body has a harder time cooling. When the body heats up too quickly to properly cool itself – or when too much fluid/salt is lost through sweating or dehydration – the victim may suffer heat exhaustion or heat stroke which is very serious. Below are tips on preventing heat stroke, recognizing its symptoms, and first aid. And remember: never leave kids, pets, or disabled adults alone in parked cars ... not even for a few minutes! Have a safe and enjoyable summer everybody.

PREVENTING HEAT STROKE

- Slow down! Reduce, cancel or reschedule strenuous activities until the coolest time of the day
- Even if you don't feel thirsty, proactively bring and drink plenty of water (not very cold) or other non-alcoholic, decaffeinated fluids
- Prevent sunburn through sunscreen, sunhats, and minimizing direct exposure to the sun; a sunburn reduces your body's ability to cool down
- Dress in lightweight, loose-fitting, light-colored clothing to reflect heat and sunlight
- Eat light, cool, easy-to-digest foods such as fruit or salad
- Take a cool bath or shower
- Spend time in air-conditioned locations
- When the room temperature is hotter than 90°, don't direct the flow of portable electric fans toward you because the dry, blowing air may further dehydrate you

HEAT STROKE SYMPTOMS

- Altered mental state or confusion
- Hot, red, dry, or moist skin
- One or more of these symptoms: dizziness, throbbing headache, nausea, shallow breathing
- Rapid and strong pulse
- Fainting or loss of consciousness
- Body temperature 103°F or greater

FIRST AID FOR HEAT STROKE

- Heat stroke is a severe medical emergency! Call 9-1-1 or get the victim to a hospital immediately
- Get to a cooler setting, preferably air-conditioned
- Do not give fluids
- Reduce body temperature with cool cloths or a bath
- Use a fan only IF the heat index is BELOW the high-90s

HEAT EXHAUSTION	OR	HEAT STROKE
Faint or dizzy		Throbbing headache
Excessive sweating		No sweating
Cool, pale, clammy skin		Body temperature above 103° Red, hot, dry skin
Nausea or vomiting		Nausea or vomiting
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives

Weather.gov/socialmedia
Weather.gov/heat

WEATHER SERVICE

@SacramentoOES
SacramentoReady.org

EXTREME CLEAN
Saturday, July 8
Wells Branch Maintenance Yard • 13905 Thermal

Habitat for Humanity • 8am-1pm

Easter Seals • 8am-4pm

Homeless Helpings • 8am-4pm
For a list of needed items, visit:
austinhumanistsatwork.org/donate/what-do-we-need/

Pet Shelter Collections • 8am-4pm
*Linens, pet supplies, carriers & crates
for use at area animal shelters*

Bulk Trash • Styrofoam • Metal Drop Off
Limited Electronics Recycling
Household Waste Collection • 8am-5pm
Batteries • Paint* • Antifreeze* ONLY
***MUST be in closed container.**

For a list of acceptable items, see WBNA.us.
Questions? Call 512-656-0654.